



MSU COMMUNITY CLUB NEWS

NOVEMBER 2020

MARK YOUR CALENDAR!

- **Friday, November 20 1:00 to 3:00 p.m. "Home of the Free, Because of the Brave."** Quilts of Valor Presentation by MSUCC Spartan Quilters. Join in via a Zoom meeting.
 - **Friday, December 4, 1 to 3 pm. "Celebrate the Season with Music."** Edgewood United Church Treblemakers and Bell Choir Join in via a Zoom meeting.
 - **Friday, February 19. 1 to 3 pm. Annual Meeting. "Save Native Plants and Animals by Planting a Home-Grown National Park."** Dr. Elizabeth Seagull, Professor Emeritus, Psychology Department, MSU. Join in via a Zoom meeting.
 - **Thursday, March 19, 1 to 3 pm. "Diversity at MSU."** Details to be announced. Join in via a Zoom meeting.
 - **Thursday, April 15, 11:30 to 2 pm. Annual Spring Luncheon.** The University Club of MSU Heritage Room, 3435 Forest Road, Lansing.
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A MESSAGE FROM THE CO-PRESIDENTS

We hope everyone is staying healthy and well during our continuing 2020 virtual year.

We really enjoyed bringing Dr. Clare Luz from Family and Community Medicine at MSU to all of you for our October general meeting. We had 37 members participate in this meeting. Dr. Luz explained to us how MSU obtained the designation of an "Age Friendly University". It was a movement that started in the 1970's and finally became a reality in 2019. Three Priority Programming Topic Areas



are: Aging and Wellbeing throughout Life, Meaningful Retirement Pathways, and Caregivers. Some of the programs and partners that MSU has in this effort are the East Lansing Age Friendly Community Committee, the Lansing Age Friendly Community Committee, and AARP Age Friendly State Committee.

As part of MSU “Age Friendly University” status, MSU has developed partnerships across campus and community to meet designated criteria. Some of the activities include the Butterfly Gardens, which had to be cancelled last year due to Covid, but hopefully will be held April 2021; the Senior Ambassador Program, which matches undergraduate students with isolated community based seniors at risk for loneliness for 1 to 1 mutually beneficial virtual companionship visits; and Age Alive Events and Programs

in partnership with community, including * Mini-Medical, *Lifelong Learning Opportunities, and *Meaningful Retirement programs.

If you would like to review Dr. Luz’s presentation, please contact one of us and we will be glad to forward her PowerPoint presentation to you. You can join the AgeAlive mailing list by sending your email address to www.Agealive.org or luz@msu.edu. Also, we have an Age-Alive Interest Group, chaired by Barbara Sawyer Koch, which is currently on hiatus for 2019-2020. Nothing is scheduled during Covid, but check the newsletter or website for “How To Get Involved” updates.

Hopefully, we will see you all at the November general “Zoom Meeting”, being held November 20 from 1:00pm - 3:00pm - “Home of the Free, Because of the Brave” Quilts of Valor Presentation, by our very own MSUCC Spartan Quilters. Until then, stay healthy and well!

Joanne & Amanda

Co-Presidents



Forty MSUCC members joined the October 16 Age Alive Zoom program.

Thanks to Kathy & Walt Esselman for the Zoom screen shots.

HOME OF THE FREE, BECAUSE OF THE BRAVE QUILTS OF VALOR

FRIDAY, NOVEMBER 20

1 TO 3 PM

The MSUCC Spartan Quilters were highly disappointed when their second Quilts of Valor program was cancelled due to the start of the Covid-19 quarantine on March 13. They decided that the quilts need to be awarded to our service recipients, so on November 20 from 1:00 to 3:00 pm they will present the program remotely via Zoom. The last program was overwhelmingly well received by the MSUCC members and they are hoping to repeat the success with "Home of the Free, Because of the Brave". Nine members of our U.S. armed forces will be honored and will share the story of their service to our country.

The Quilt of Valor program is a national foundation whose mission is to cover service members and veterans touched by war with comforting and healing Quilts of Valor. Our quilting group is working to do their part in fulfilling this goal.

Please join us for this interesting and heart-warming program. We guarantee it is a program you will remember for a long time.

Watch your email for the link to the Zoom program.



**QUILTS OF VALOR
THAT WILL BE FEATURED IN THE PROGRAM**

CARE AND CONCERN

Condolences to the family of Barbara M. Anderson on her passing.

Condolences to Lois Walker and Susan Walker Tigner
on the passing of their son and brother, Brian Walker

DUES ARE DUE!

Please send your dues, \$30 for regular and \$40 for household, to:

Helen LeBlanc
4720 Jadestone Drive
Williamston, MI. 48895.

If you have a question, call Helen at
517-353-9118.

Thanks to those who have already paid.



Helen LeBlanc, Treasurer

[DOWNLOAD THE PAYMENT
FORM HERE](#)

