Spartan Engineers, it’s time to prepare for your exams. Give yourself the best chance with these helpful tips.

- Say NO to last-minute cramming.
- Review old quizzes and tests.
- Seek help as soon as you realize you may need it.
- Get together with friends for a study session.
- Take regular breaks.
- Mentally prepare yourself for your exam day well in advance.
- Drink plenty of water to let your brain work at its best.
- Change your study location to break the monotony and to stay focused.
- Make healthy food choices to improve your performance and concentration.
- Say YES to cardio (walking, exercise, dancing, jogging, etc.) to improve your memory.
- Get a GOOD NIGHT’s sleep!

Helpful Resources

**MSU Counseling Center** - [http://counseling.msu.edu/](http://counseling.msu.edu/)
It is a great resource for strategies to combat test anxiety. For more tips, see...

**CoRe Tutoring Service** - G24 Wonders Hall
Free tutoring on Sundays through Thursdays 6-10pm for Math 132, Physics 183 and Chemistry 141

**The Learning Resources Center** - [http://lrc.msu.edu/](http://lrc.msu.edu/)
Visit the above link for more information on study skills, writing skills, time management, tutoring sessions, etc.

**Career Services and Placement** - [http://careernetwork.msu.edu/](http://careernetwork.msu.edu/)
For more information on career options, check the link above.

**MSU News Today**

NSF Grant To Help Financially Strapped Engineering Students. [More...](http://counseling.msu.edu/)

MSU Ranks in Top 100 Globally. [More..](http://lrc.msu.edu/)

Tenneco Supports CoRe. [More...](http://careernetwork.msu.edu/)
Upcoming Events

Presidential Election Results, Nov. 8, 8pm-midnight at The Hive
View the Presidential election with your peers.

General Dynamic ASK Session, Nov. 7, 11am-1pm at EB Lobby
Engage with employers and “ASK” any question(s) about your resume, their company, and professional opportunities. Just come by and “ASK”!

MBA Program Info Session, Nov. 7, 11:50am-12:50pm at 2320 EB
Discover how a Master’s in Business Administration coupled with an engineering degree can help you realize greater opportunities and higher pay in the job market. Join us for pizza and pop!

EGR 393 Co-op Poster Presentations, Nov. 21, 3-4:30pm at EB Lobby
Students on co-op will share their experiences. Come see what it’s really like!

College Admission and Final Exam Preparation
Nov. 29, 6-7:15pm at C-102 Wilson Hall
Join us for how to study for the final exams and the College admission presentation.

Donut and Coffee Study Break, Dec. 7, 8pm at EB Lobby
Come get some Krispy Kreme donuts and Tim Horton’s coffee provided by The Center. *The early bird gets the worm!*

College Design Day, Dec. 9, 7:30am-1:15pm at EB
Come see your fellow peers present their projects on EGR 100 and EGR 102.

Final Exams for Fall, 2016 - Dec. 12-16
Did you know that your exams may not be at the same time and location as your current class? Confirm your exam schedule with your faculty members and on the [Schedule of Courses](#) website well before your exam.

Good luck with your exams! Go Green!

“Take control of your education: think of yourself as a scholar.”
- Dr. Jenahvive Morgan, Instructor, EGR100